



Suffolk Federation of Young Farmers' Clubs

YFC OFFICE, FELIX COBBOLD CENTRE, STANAWAY FARM, OTLEY, IPSWICH, SUFFOLK IP6 9NA

☎ 01473 785547

E-mail: office@suffolkyfc.com

Website: www.suffolkyoungfarmers.com

County Chairman: Izzy Botfield

Class Number	Class Name	Eligibility	Procedure	Scale of Marks	Notes
1	Tractor Driving	2 boys & girls per club Junior & Senior	<ul style="list-style-type: none"> Competitor to complete a course as set by the judge. To include forwards and backwards manoeuvres. All competitors must be classed as competent machinery operators. If the judge feels that a competitor is not of adequate standard they will be asked to leave the competition. Will be marked on time. 10 second penalty added for any obstacles hit. OVER 13's ONLY MUST BE EXPERIENCED 	Timed	
2	Men's Tractor Reversing	2 males per club Junior and Senior	Boys to reverse a 2 wheeled trailer around a set course. Fastest time wins. 10 second penalty added for every obstacle that is hit by any part of the tractor or trailer. All competitors must be classed as competent machinery operators. If the judge feels that a competitor is not of adequate standard they will be asked to leave the competition. SUBJECT TO TIME LIMIT. HOOTER WILL SOUND WHEN OVER THE TIME AND COMPETITOR STOPPED.	Timed	
3	Welding	2 per club SENIORS ONLY	Competitors will be supplied with MIG and MMA welders, automatic screens, wire brushes and chipping hammers. Competitors may use their own screens and must wear the appropriate PPE. 1. All safe procedures to be follow with correct PPE for the task to be worn. WELD DETAIL TO BE GIVEN TO THE COMPETITORS ON THE DAY	Scoring to be confirmed by judges	Competitors will be given a time slot for completing their welding and must be present for a briefing from the relevant college staff.





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			They will be judged on: correctness of angle, smoothness of corners and edges, quality of weld and ability to shut down the welder and to leave the bay as close as to how it was found. Angle grinders will be supplied.		
5	Crop ID	3 per club – Junior and Senior	Competitors to identify a number of crops from samples provided. Kindly supplied by  Walnes Seeds		
6	Cookery	1 per club Team of 3	<p>Theme: "Magic and Mystery"</p> <ol style="list-style-type: none"> Each team will be required to prepare and display four magical courses with an air of mystery. The teams must prepare one main course. Competing teams are required to provide: All ingredients (these may be brought to the competition already weighed out and vegetables ready washed – all other work must be executed on site in the practical session). Two (2) butane gas stoves. The stoves must be fuelled by butane cartridges Teams must: Display a menu card. Display details of recipes. Display a description of how their exhibit fits the theme <p>TIMING – TEAMS WILL HAVE HALF AN HOUR</p>	<p>8. SCALE OF MARKS</p> <p>Practical cookery skills, including teamwork 50</p> <p>Finished dishes, suitability, choice of menu and variety 20</p> <p>Taste 50</p> <p>Overall display and interpretation of theme 20</p> <p>Suitable clothing (white coats, headwear, shoes etc) 10</p> <p>TOTAL 150</p>	





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7	Boys & Girls Wheel Change	3 per club	The competitor will be given all of the equipment to enable them to change a car tyre. Each competitor will be timed and once the wheel has been changed and the competitor has stopped the clock a judge will check the wheel over for safety and correctness. If all is correct the time will be added to the board.		
8	Chocolate Brownies	3 per club	<p>Competitors to produce a red velvet cake to the following recipe. (taken from https://thehappyfoodie.co.uk/recipes/chocolate-brownies)</p> <p>275g (10oz) butter, softened 375g (13oz) caster sugar 4 large eggs 75g (3oz) cocoa powder 100g (4oz) self-raising flour 100g (4oz) plain chocolate chips</p> <p>Method Essential kit You will need a 30 x 23 x 4cm (12 x 9 x 1½in) traybake or roasting tin.</p> <p>Instructions Preheat the oven to 180°C/Fan 160°C/gas 4. Cut a rectangle of non-stick baking parchment to fit the base and sides of a 30cm x 23cm x 4cm traybake or roasting tin. Grease the tin and then</p>	Taste 40 Detail 20 Overall effect 40	





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			<p>line it with the paper, pushing it neatly into the corners.</p> <p>Measure all the ingredients into a large bowl and mix with a hand-held electric mixer until evenly blended.</p> <p>Spoon the mixture into the prepared tin, scraping the sides of the bowl with a plastic spatula to remove all of it. Spread the mixture gently to the corners of the tin and level the surface with the back of the spatula.</p> <p>Bake for 40–45 minutes, until the brownies have a crusty top and a skewer inserted into the centre comes out clean. Cover loosely with foil for the last 10 minutes if the mixture is browning too much. Allow the brownies to cool in the tin and then cut into 24 squares. Store in an airtight tin.</p>		
9	Novelty Cake Icing	3 per club	Competitors to create a 21 st birthday cake. The cake must be edible.	Decoration 40 Detail 20 Overall effect 40	
10	Cocktails	3 per club	Competitors to create a cocktail to the theme “Magic and Mystery” Non alcoholic for juniors, alcohol permitted for seniors. All ingredients must be brought on the day and the cocktail created in the time permitted (20 minutes).	Taste 40 Decoration 20 Recipe 20 Overall effect 20	
11	Ultimate Frisbee	Squad of 10, 5 on pitch at once –	6.1 Ultimate is a game for two teams of five players on the pitch, each team having a minimum of 1 reserve player on the sideline up to a maximum of 5 reserve players on the sideline. 6.2. Each game will last for 12 minutes with the next score		





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		<p>min 1 female</p>	<p>to occur completing the game or until a maximum time limit of 15 minutes is reached. I.e. The final whistle will signal 12 minutes of play the game will then continue until the next score, after which the game will end. If no score is made the game will end at 15 minutes.</p> <p>6.3. A goal is scored when you throw the disc to a member of your team standing (or more likely running) in the last section at the end of the field known as the “endzone”, your team is attacking.</p> <p>6.4. The winner is determined by the team scoring the most points. A draw will be awarded if both teams have scored the same number of points at the end of the game.</p> <p>6.5. League points will be awarded as follows: Win 3, Draw 2, Loss 1</p> <p>6.6. At the beginning of the game, each team stands in the endzone which they are defending and faces the opposite team. When both teams are ready, the team with the disc throws it as far as they can towards the opposite team who will automatically be in play once they have retrieved it.</p> <p>6.7. Players cannot run with the disc. When a player catches they have up to 3 steps to slow down and then they must choose a pivot foot and keep this still before throwing the disc. If the player has not thrown the disc and takes additional steps, the player must return their pivot foot back to where it should be, before throwing the disc. If they did make a throw after the 3 steps and the disc was caught by their team, the disc must be returned to the thrower however if the</p>		
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		<p>opposition caught the disc the turnover stands.</p> <p>6.8. A team can therefore only move the disc upfield by throwing it from player to player.</p> <p>6.9. The defending team takes possession if the disc touches the ground, if it goes out of bounds or if they make an interception by catching the disc or knocking it to the ground in mid-flight.</p> <p>6.10. Teams change ends between each point. I.e. the scoring team stays in the end zone where they have just scored.</p> <p>6.11. A team may make unlimited substitutions, but only in the break of play after a goal has been scored and before the game restarts. Teams are allowed an unlimited amount of substitutions in each game.</p> <p>6.12. The game is noncontact but when contact between players does occur; it may be deemed a foul.</p> <p>6.13. The game is self regulating and players should admit when they have caused a foul. The level of sportsmanship will be rated by the opposition at the end of each game.</p> <p>6.13.1. All members of the team must be involved in scoring the opposition's Spirit of the Game</p> <p>6.13.2. Teams will rate their opposition awarding points under the following headings:</p> <ul style="list-style-type: none"> • Rules Knowledge and Use • Fouls and Body Contact • Fair-Mindedness • Positive Attitude and Self Control 		
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			<ul style="list-style-type: none"> Our Spirit compared to theirs <p>6.13.3. A score of 10 is a normal good score</p> <p>6.13.4. Once teams have completed their Spirit of the Game Score Sheet they should hand it directly to the tournament steward who will calculate an overall average score to determine the team with the best spirit of the game score.</p> <p>6.14. The team with the best overall rating at the end of the tournament will receive additional awards. It is in each team's best interest to play honestly and fairly and treat their opposition as they would expect to be treated.</p> <p>6.15. It is also advised that where possible a qualified Ultimate Coach or local player, in the role of "tournament advisor" be used. This will further reduce risk to members and also provide an individual that can answer rules questions, keep score and help players with self refereeing if needed. UK Ultimate, the National Governing Body for Ultimate Frisbee, will offer support where possible and will try to find individuals that are able to help in this capacity.</p>		
12	Floral Art	2 per club	<p>Junior</p> <p>4.2.1. Subject: Exhibit Title: "Witches and Warlocks"</p> <p>4.2.2. The maximum display area for each competitor MUST NOT exceed 60cm wide x 60cm deep x optional height (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.</p> <p>4.2.3. Exhibit is to be viewed from the front. Competitors own</p>	<p>Idea 20</p> <p>Colour 20</p> <p>Composition 20</p> <p>Technical 40</p> <p>TOTAL MARKS 100</p>	





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backboard and base boards are allowed, and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards MUST be white, neat and tidy.

Senior

4.4.1. Subject: Exhibit Title: "A mysterious phenomenon of your choice" Name of phenomenon must be stated with the exhibit.

4.4.2. The maximum display area for each competitor MUST NOT exceed 60cm wide x 60cm deep x optional height (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.

4.4.3. Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed, and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards MUST be white, neat and tidy.

SIZING: Any exhibit exceeding the maximum measurements will be disqualified. The measurement will be from the outside edges of the back board or base board (i.e. the thickness of the backboard will be included in the size restrictions). Any accessories or drapes used on the outside of the back board or base board will be included in the overall measurement of the exhibit and should be within the size restrictions. The external side of the back board will be taken into account for the





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			<p>attractiveness of the exhibit marks and so should be covered to compliment the overall exhibit.</p> <p>TIMING Allowance of one hour to include final checks and measurement of the exhibit. Before leaving the competing area, competitors will be given a further 5 minutes to clear and tidy the work site. Competitors may unpack their equipment and plant material/flowers onto the work table before the one hour practical session commences. If floral foam (oasis) is to be used, this may be pre-soaked prior to the competition. New pieces of floral foam (oasis) MUST be used on the day of the competition. Competitors are able to construct and tape their foam (oasis) in position on a board/container/exhibit prior to the one hour practical session if required. Competitors are able to set up their display bay before the one hour practical session commences.</p>		
13	Plough/Powerharrow point change	3 per club	Clubs to put maximum of 3 people forward to complete a plough or powerharrow point change (dependent on availability of machinery)	Timed challenge	

